

## **Firstfruits Health 360 Holistic Care & Patient Advocate Services**

The Firstfruits Health 360 Holistic Care Program is offered to clients who want a continuous collaboration with direct priority access and ongoing support. Members are required to have in office appointments on a quarterly basis in order to maintain an active status in order to have the most current and pertinent plan of care recommended and implemented. **Starting in January 2024, I will be reinstating Patient Advocate Services.** This service will be included in the monthly membership plan or as a [stand-alone service on an as needed basis.](#) (See Invest in You tab on my website for details).

As a patient advocate, I will help you better understand your health and healthcare options and facilitate the best possible care for your condition. My Master of Science in Health Education and years of dedicated patient care allow me to be the best advocate as you navigate the ever changing and complex medical system we are all facing. I believe everyone deserves a voice in their healthcare choices. Let me help you be that voice of knowledge and empowerment. I am here to help clients and families understand the complex medical diagnoses, find the best medical care available with the following services:

- Accompaniment to appointments
- Explain a new diagnosis and treatment options
- Communicating and coordinating with doctors and healthcare team
- Help you find community resources

Monthly Fee includes up to a 2 hour in person accompaniment to an appointment (Quarterly Basis) or video conferencing.

### **\$99/monthly fee**

Membership perks will include:

- A scheduled monthly telehealth (telephone) consultation (30 minutes) to review plan of care.
- Ongoing email access at a reasonable frequency & answered within 3 business days.
- Discounts on therapeutic modalities (10%) & functional medicine tests offered (5%).
- Referral bonuses (\$10 per referral with completion of Initial Appointment).

### **NEW IN 2024**

- Patient Advocate Services as outlined above.

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Natural Health Consulting  
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